

Agile Coaching

Duration

In Person: 3 days
LiveOnline: 5 sessions of 4.5 hours

Certification

The ICAgile Certified Professional - Agile Coaching (ICP-ACC) certification is granted on the successful completion of this course. This certification is part of the ICAgile Agile Team Coaching Track along with our Agile Team Facilitation course. We offer the complete ICAgile Agile Team Coaching Track for those looking to become an ICAgile Certified Expert in Agile Coaching (ICE-AC).

PDUs

This course will contribute 21 PMI® professional development units (PDUs) towards your chosen certification (10 Power Skills, 4 Business Acumen and 7 Ways of Working).



Are you an experienced agile practitioner looking to build your skills and mindset to be an effective Agile Coach in today's rapidly evolving business landscape?

In a world where change is constant and adaptability is paramount, the role of an Agile coach has never been more critical. Our Agile Coaching course provides an in-depth understanding of Agile coaching, including the skills and knowledge needed to guide teams towards high performance, deliver value to stakeholders, and promote a culture of continuous improvement. The program is deeply experiential, immersing you in hands-on exercises to reinforce coaching theory. This program will provide you with everything you need to be an effective coach and mentor and bring the best out of the individuals and teams you support.

Learning Outcomes

During this course you will learn about:

- The mindset and role of the Agile Coach
- Developing Agile coaching stances such as teacher, mentor and coach
- Professional coaching skills such as active listening, powerful questioning and feedback and integrating them into a coaching conversation
- Supporting Agile mindset shifts and role transitions
- The importance of creating and facilitating an Agile Coaching Agreement and Coaching Alliance
- How to startup and grow high-performance Agile teams through effective coaching
- Techniques to handle conflict and dysfunction

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Intended For

This course is aimed at:

- Agile Coaches, Scrum Masters, Product Owners, Project Manager, and other Agile team members interested in building their professional coaching, mentoring and teaching skills
- Executives and leaders interested in creating an Agile culture in their organisation
- Anyone interested in becoming an Agile coach or enhancing their Agile coaching skills

Prerequisites

This is an advanced Agile course designed for experienced agile practitioners who are looking to build their coaching and mentoring skills. To get the most out of this course, you will need at least 12 months working experience in Agile approaches and have completed our Agile Team Facilitation course to cover the facilitation stance or possess equivalent experience and skills.

Content

Topics and exercises covered in the course include:

- Agile Coaching Defined
- Coach as a Teacher
 - Delivery Mechanisms
 - Making Learning Stick
 - Feedback and Radical Candor
- Agile Coaching Mindset
 - Mindfulness and Emotional Intelligence
 - Agile Coaching Stance
 - Agile Coaching Ethics
- Professional Coaching Skills
 - Rapport and Presence
 - Active Listening
 - Powerful Questions
- The Coaching Conversation
 - Arc of the Coaching Conversation
- Agile Mindset Shifts and Role Transitions
 - Individual Change Cycle
 - Coaching for Resistance
- Foundational Team Coaching
 - Systems View & Observation
 - Clean Language
- Coaching Agreements and Alliances
- Key Mentoring Skills
 - Mentoring Conversation
- Coaching Towards High Performance
 - Coaching Tuckman
 - Team Development
 - Team Liftoff
 - Team Health and Impediments
- Handling Conflict and Dysfunction

Lecturing is kept to the minimum necessary where most of the learning is achieved by applying the practices and techniques in group exercises. Our LiveOnline delivery is over five days (each four and a half hours in duration). The instructor is 100% live and interaction and learning objectives are the same as our in-person classes with the added benefit of being able to take this course from your home, your office or your home office. Since this class is delivered over half-days it allows for greater flexibility and leaves you with time each day for other work or activities.